



SPORTS MASSAGE

Discounted price

NEW CLIENTS

All new clients require an initial consultation. This session will include a 20 min assessment (including postural analysis) and a 40 min treatment.



60 mins initial consultation & treatment



Price

SINGLE TREATMENTS PAY AS YOU GO 40 mins deep tissue



60 mins deep tissue



BLOCK TREATMENTS

To ensure an effective treatment plan, treatments within a block must be used within 5 months of purchase

5 x 40 mins deep tissue 5 x 60 mins deep tissue





Ideal for those dealing with ongoing discomfort, injuries, or problems that need more focused care

6 x weekly 40 mins deep tissue 6 x weekly 60 mins deep tissue



Operating at a premises on Newport Road Contact Dale on 07791897657 to book